



## HCFF HAVANT BRANCH FORUM MEETING

18<sup>th</sup> September 2007  
09.30 am -11.30 am  
Trospace Children's Centre

### Minutes

#### Present:

Cathryn Row – Havant Branch Co-ordinator (HCFF) [havant@hcff.org.uk](mailto:havant@hcff.org.uk)  
Havant & Petersfield Special Needs Forum Development Worker [handpsnf@hcff.org.uk](mailto:handpsnf@hcff.org.uk)  
Jean Carrick – Chairperson HCFF [j-carrick@ntlworld.com](mailto:j-carrick@ntlworld.com)  
Jayne Dalley – Extended Services Coordinator Crookhorn Cluster [jayne.dalley@hulbert.hants.sch.uk](mailto:jayne.dalley@hulbert.hants.sch.uk)  
Nicola Dore - Early Support Practitioner [Nicole.dore@hants.gov.uk](mailto:Nicole.dore@hants.gov.uk)  
Jan Groom – Extended Services Coordinator Leigh park [jan.groom@trosnant.hants.sch.uk](mailto:jan.groom@trosnant.hants.sch.uk) 078414 98119  
Scott Hickman – EECU [scott.hickman@hants.gov.uk](mailto:scott.hickman@hants.gov.uk)  
Sam Severe – Links Children's Centre Manager [samantha.severe@hants.gov.uk](mailto:samantha.severe@hants.gov.uk)  
Lorrae Leonard – SP Development Worker (PLA) [lorrae.leonard@hants-pla.org.uk](mailto:lorrae.leonard@hants-pla.org.uk)  
Claire Brown - Outreach Worker Sharpse copse Children and Families Centre.  
Gillian Blackmore – Play Development Worker Havant Borough Council  
Rebecca Frost – Child Development Worker Havant Borough Council  
Michelle Harrington – Outreach Worker Trospace Children's Centre  
Gina Maliphant Pre-school Learning Alliance  
Judith Woolley – Trospace Children's Centre  
Georgette Purches – Business Link Working 4 You  
Anna Lewis – Portage  
Anita Taylor – Mill Hill Children's Centre  
Angela Gard – Health Visitor [angela.gard@ports.nhs.uk](mailto:angela.gard@ports.nhs.uk)  
Jayne Ashberry – Extended Services co-ordinator Cowplain 02392 247385  
*Alison Brooker – SSA Disabled Children's Team Havant, Fareham + Gosport*

#### **Speakers:**

Nicola Dore - Early Support Practitioner Alison Marlow Pace Coaching - apologies sent but report included

#### **1. Welcome by Chairperson – Jean Carrick**

Jean welcomed everyone. She congratulated Jayne Ashberry on her new appointment and thanked Cathryn Row for stepping in to cover the meeting.

#### **2. Introduction & Apologies**

Attendees introduced themselves. Apologies were received from:  
Irene James - Meadowlands Infant School  
Mary Jones – Library Services  
Lydia Armstrong  
Angela Blanchett  
Lorraine Boyes

#### **3. Minutes and Matters arising**

Minutes were checked for accuracy and it was reported that all the action points had been completed. The minutes were agreed as an accurate record.

#### **4. Branch Co-ordinator Report**

Due to summer break this is a short report!

Pamper Days went very well and would again like to thank all those who were involved in putting the event together. Very positive feedback on the day was received from those parents who attended and it was a very uplifting day for them. Although numbers on the day were not as many as hoped for, those unable to attend were still able to respond and a large number of questionnaires across the County were submitted to the EECU. The final report is expected from the EECU shortly.

Our current consultation is helping the EECU with their statutory obligation to conduct a sufficiency consultation. Before the summer questionnaires were issued by the EECU via schools and a good response rate has been reported. HCFF have been asked to focus on 0-3 (including ante-natal) and in particular rural and hard to reach. The EECU have identified key wards that they would like feedback from and in the South these wards are in the New Forest area, so all branch co-ordinators in the South will be assisting the consultation in the New Forest area. In the Havant area, HCFF will seek to consult with young parents. Hayling was identified as a more isolated area locally but the Children's Centres are conducting consultations in that area, so HCFF will not research in that area to prevent duplication.

A bid to the Local Network Fund was successful in obtaining funding for a local Directory. Work is currently underway with updating information and obtaining necessary consent forms as the data will be input to the HCFF Services database and pulled down from there to create the Directory. So please could everyone assist by ensuring HCFF are updated on any changes to local services or provision.

Jayne Ashberry, HCFF co-ordinator, has left to work at a local children's centre (Jayne is due to be at meeting so can tell the meeting more about her new role.) This has created a vacancy within HCFF – details of which are available on the HCFF website (and flyer at meeting – if you are able to display on any noticeboards this would be appreciated.) Deadline for applications is 27<sup>th</sup> September. HCFF appreciate the assistance given by Cathryn is helping to cover the branch meeting and some other work in the interim.

## 5. Speaker Alison Marlow Pace Coaching

Alison was unable to attend the meeting but sent the following information sheet



UK Parent Coaches is the first organisation to combine the skills of two of the UK's top parent coaches delivering individual coaching for parents, professional training in parent coaching and corporate coaching.

**Parenting today can be tricky. Parents today live hectic lives. They are often troubled by feelings of not being good enough, guilt and anxiety.**

**How many times have you heard it said –**

***“... the most important job in life and the most difficult too - and there is no training...”***

Well now there is.

Not training on how to change a nappy, or how to handle the 3am feeds, but intelligent support for those who care deeply about parenting and want to raise happy, confident children – those who want parenting to be a big part of their lives, but not all of their lives.

This is less about the 'how to' of parenting and much more about the 'how do YOU want to' parent. From our experience we have discovered that in reality 'one size' doesn't fit all.

So we offer, Morning Mayhem, Teatime Troubles and Bedtime Blues our flagship workshop that deals with those times of day parents find most stressful and lead to exhaustion, stress and guilt. This is how parents often arrive in the morning when attending one of our workshops, by the end of the day they leave buzzing with ideas and looking forward to the challenge of changing things knowing they can enjoy a quality family life.

Individual coaching explores your issues on a one to one basis. It is a safe, confidential space for you to discuss your individual parenting challenges. We coach our clients to make their parenting easier, to find their best answers based on their own beliefs and values and to put their ideas into action. We also know that to be an excellent parent you need to be fulfilled and happy yourself. Because of this your parent coach will also focus on your needs, not just as a mum or a dad.

**UK Parent Coaches also offer training programmes for professionals interested in adding coaching techniques to their skills base. These courses are suitable for a range of professions including social workers, teachers, early years workers, family therapists, community workers and managers.**

**We can provide a wide range of training solutions - from general coaching techniques to bespoke packages tailored to your needs and budget. For example, tackling issues such as team working, performance management, confidence building or listening skills.**

**If you would like to know more please contact [office@ukparentcoaches.org](mailto:office@ukparentcoaches.org) or call Allison on 023 92 644598 please visit our website at [www.ukparentcoaches.org](http://www.ukparentcoaches.org)**

## **6. HCCF Newsletter**

Cathryn reminded members that she is currently gathering information and articles for the Autumn newsletter and anything members would like to included should be with her by 5<sup>th</sup> Oct 2007, preferably sent electronically. The Autumn newsletter will be 5000 in number and distributed throughout Havant in early November, so all items on activities for Christmas and new year would be welcomed.

**ACTION(2): a) Members to forwards articles asap**

## **7. HCCF Annual General Meeting**

Cathryn explained that the HCCF AGM was coming up ( see attached flyer) she asked if people to take a flyer and display it. Representation is needed at the AGM for voting purposes, Judith Woolley kindly agreed to take on this role. This was unanimously agreed.

## **8. Local Issues / Information Exchange**

**Gina Maliphant** – PLA Reminded that the PLA supported and visited Parent and Toddler groups as well as Pre-Schools.

**Alison Brooker** – SSA There is only one team manager in the area including Gosport and Fareham. They are therefore looking to work as one team. They are also low on staff at the present time. These facts are impacting on level of care available.

**Jan Groom** – Extended Schools There are two new schools open in the area, Prospect School has opened form the beginning of term and Woodlands Education Centre is due to open in Oct/ Nov.

Jan Groom

The new Community in Partnership website is up and running [www.leighparkCIP.org](http://www.leighparkCIP.org) this will eventually link with other websites to give comprehensive information across the borough.

The second issue of Leigh Park News is also out . The paper is distributed free across Leigh Park and local groups and organisations are welcome to send in articles.

Jan mentioned that the Oral Health Nurse is looking to get toothbrushes and toothpaste into schools starting in Sharps Copse, which is listed as one of the worst schools for tooth decay. If successful this work would be spread across Havant.

**Jayne Ashberry** – Exstended Services explained that her new role was to work with the core schools cluster, assessing and informing on what activities are on offer and what the local community can offer. Child care from 8am – 6pm , Adult and family learning opportunities, to encourage networking and avoid duplication, swift and easy referral for families that need extra support and to look at ways in which the position can become self-funding.

**Angela Gard** - Health Visitor explained that after big changes to the health services, core services are now uniform across Hampshire. They are looking to recruit new staff in the Fareham area, but are having difficulties. They offer a general advice service to families with children not just 0-5 years, but up to 19 years. They are also able to prescribe and advise on issues such as obesity and smoking.

**Jayne Dalley** – Extended Schools cluster have met as a group which has been helpful, as well as meeting with the overseeing group to discuss issues such as funding. Purbrook has been added to her area. She is now able to update the website [www.hulbert.hants.uk](http://www.hulbert.hants.uk) hoping to build links with other schools and community websites. She is in the process of producing a film ‘A year in the life of the school’ this will be ongoing. Doing lots of work to try to involve Dads. A new nursery is to open at Springwood Pre-school.

**Nicola Dore** – ESP has taken off with quite a few referrals and good working with the professionals, including in the hospitals. There is training coming out for professionals who are interested and an ESP conference 19<sup>th</sup> October at St. Mary’s Stadium Southampton. Contact [Julie.Hughes@hants.gov.uk](mailto:Julie.Hughes@hants.gov.uk) 01962 813893  
ESP in conjunction with the Toy Library has set up a P&T group for special needs children at Mill Hill on Wednesdays 9.30 – 11.30 .  
The family files in the blue packs are working well, not all families choose to fill them in, but those who have, have found them of great benefit.

**Anita Taylor** – Mill Hill Friday last saw the official opening of the centre, John Coughlan came and gave a very good speech. It was very well attended and some good networking took place. On the Saturday the parents forum held their own open day for families. This saw over 80 families through the doors showing a great interest . Mill Hill is one of the twinned centres and as such is looking to take on a new co-ordinator, admin and outreach worker to cover the new area.  
There are 2 places available on a SPOT course starting Tuesday 25<sup>th</sup> Sept.  
As well as all their usual activities and groups they are now a link centre for Learn Direct.

**Scott Hickman** – EECU The sufficiency consultation is ongoing and enjoying a healthy 19% return of questionnaires. There are three new members of staff giving Business Support across the county. One of whom is based at Mill Hill. Phase 2 of local consultations is ongoing for Hayling and Meadowlands Children’s centres. The emphasis here is on getting groups involved and using them to contact those hard to reach families. There is some contemplation over incentive based consultation via some groups.  
All sites for the new children’s Centres have now been named and are on the website <http://www3.hants.gov.uk/childrens-services/childrenandyoungpeople/childrens-centres/childrenscentres-latestnews.htm> the web newsletter is updated monthly.  
An interim partnership board which has derived from the focus group will be finalised after the management have been employed. This will be done by April 08.  
Good work is ongoing towards the two day intensive training to mainstream Father Friendly services.

**Anna Lewis** – Portage the summer has been very busy and there are now more than 50 families on the waiting list. The normal monthly visit to all those on the waiting list is now being undertaken by staff rather than Anna herself.  
The last mayor of Havant The honourable R. Brown made Portage one of his charities and they have thought long and hard over how to spend the money. They have now agreed on the set up of Mucky Pups, paying for transport for children to attend appointments, crèche for children while parents go xmas shopping, xmas party and more outings.  
Rachael Maddocks offered the swimming pool once a month, this has been a huge success. Portage was part of the JAR inspection, feedback was very good.  
There is a Special Parents, Special Kids course starting this week at Mill Hill.

**Claire Brown** - Outreach Worker Sharpse Copse CC explained her role as supporting families into the centre and in their own homes. The centre has set up along side its normal activities, a Breast-feeding support group, slimming club and a breakfast butty group. CPCK will also be running.  
As a twinned centre a new outreach worker and co-ordinator are to be employed.

**Sam Severe** – Links Children’s Centre this is also a twinned centre and is to include Horndean, Clanfield and Finchdean. These will be satellite sites so far some space has been identified at the Horndean site. Interviews for new staff will be in the first 2 weeks in October.  
The second of three PPP courses is about to start, other activities going on include Music, Rhythm and Rhyme, Baby Massage, CPCK and SPOT, Anti and Post natal groups and Cover to Cover. Adult education courses hoping to go ahead soon include Aromatherapy, Early Start and Healthy Eating. These are awaiting conformation. Two volunteers are on PEEP training and hope to start Tidily PEEPs after half term. The

Wecock Locality Team have their Luanch on 9<sup>th</sup> October and there is a coffee morning in aid of McMillan Cancer Fund on 28<sup>th</sup> September.

**Georgette Purches** - Business Link Working 4 You is a course for women to help give them the skills they need to set up in business for themselves. The programme has been running since November 05 and has so far involved 480 women in the Havant, Fareham and Gosport areas. It includes essential subject like book-keeping and health and safety as well as confidence building. The last course starts in November in Havant. 1 in 10 women who have attended the course have set up in full time self employment, with many others setting up part-time or going on to further courses.

**Rebecca Frost** – HBC CDW will be working with extended services and help support the Children's Centres with such things as Ofsted. As there has not been anyone in this role for some time they are still defining the role.

**Gillian Blackmore** – HBC PDW This role is about open access play and funded by a Lottery grant. Gillian is responsible for overseeing five main areas 1, New activity hub at Waterloo recreation ground. Focusing on natural material. Work is due to start on 1<sup>st</sup> October (weather dependant) 2, is a similar project at Staunton CP to create sculptures, planning involving local schools is ongoing. 3, A mobile play bus, taking toys and play equipment to various venues, 4, Hayling Island Youth Café, 5, Access to free play for families, including a central source of information, Mengham play session.

**Lorraine Leonard** – PLA Havant toy library has a new member of staff as of 1<sup>st</sup> Oct. There are two new groups the Special Needs one for parents not confident to access mainstream groups and a play session at Crystal House ( young mums) this will hopefully be extended to the teenage mums groups at Staunton. They have a lending session at Mill Hill on Mondays and a play session at Staunton on a Friday.

**Michelle Harrington** – Outreach Trospace has been in post since the beginning of the summer and is building up a parents forum as well as CPCK, literacy and numeracy courses this term. She is also in communication with the health visitors in regards to setting up a breastfeeding support group.

**Judith Woolley** Trospace. Now has Support Teacher in post. Although the centre is not to be twinned it has undergone huge changes, staff numbers have gone from 6 to 22. The future focus is to be on more partnership working with schools around transition and on Special Needs.

**Jean Carrick** – Home Start is half way through their Lottery grant. They have lost 1 co-ordinator causing workload overload and have closed their books due to the list being too long. They are looking for new volunteers to train up. The next course will be in January 08.

#### 9. **Any Other Business**

There was none.

#### 10. **Date of next meetings**

Thursday 24<sup>th</sup> January – 9.30 to 11.30 at [Links Children's Centre](#).

#### 11. **Network Opportunity**

There was an opportunity for people to network at the end of the meeting.