

## **WORK4YOURSELF PROGRAMME**

This free programme of information, confidence building and training is available for women from the deprived areas of Fareham, Gosport, Portsmouth and Havant. Training started in April 2006 and 360 women have been engaged with the programme so far. The project finishes in March 2008.

Fareham received its first cycle of training in September 06. The programme consists of a 'taster' workshop which helps women decide if working for themselves is a practical option followed by 8 basic skills workshops. These cover subjects such as book keeping, marketing and business planning. In addition there are extra skills workshops in selected subjects such as time management and monthly networking meetings.

Fifty women from Fareham were booked onto the course and 30 undertook training. Sixteen of the women completed the entire course. Of the women taking part, three were already self-employed but needed additional help with their businesses and four have since started up.

The next training programme starts in Fareham in June 07. The final training course is in October 2007.

**Contact Business Link on 08454 58 85 58.**