

## Hampshire Children and Families Forum – Basingstoke Branch

Minutes of the Spring Term Branch Meeting of Hampshire Children and Families Forum, Basingstoke Branch held at Marnel Early Years Centre Shetland Road Popley Basingstoke Hants RG24 9PT on Friday 19 January 2007 at 12.30pm to 2.00pm

**Present:** Caroline Keith – (Meeting Chairperson) HCFF Co-ordinator Aldershot & Farnborough  
Sarah Verney – (Speaker) Manager Parenting Project  
Suzanne Shields – Childminding Network North Hampshire  
Nicky Blunden – Pre-school Learning Alliance  
Jennifer Partner – YISP  
Tramayne Gibson – Portage \home Visitor  
Tracey Holloway - Family Support Worker  
Maureen Coulson - Star Pre-school Nursery Senco  
Lucy Ellis – Marnel EYC Co-ordinator  
Cheryl Bosworth – HATS Co-ordinator  
Brigid Bell – HCFF Co-ordinator

### 1. Welcome and Introductions

Brigid welcomed attendees to the meeting and introductions were made.

### 2. Apologies

Apologies were received from Jo Whitfield, Bob Carr, Lesley Allen, Eileen Clews, Debbie Ruppenthal, Mr A Cornish, Evelyn Askew and Philippa King.

### 3. Minutes of last meeting

Minutes of the meeting were agreed.

### 4. Co-ordinators Report

Brigid distributed a copy of her report of the main projects worked on and meeting notes for the CAMHS Local Implementation Group as follows:

#### CHILDREN'S FUND

Tessa Notman has taken on temporary chair. There is an underspend of £3500 which will be redistributed at the next meeting on 29 January at 11.00am.

#### HOME-START NORTH WEST HAMPSHIRE

Prep course for volunteers starting on 2 Feb 9.30 to 2.30 Fridays for 7 weeks but not half term. Parenting course pos parenting course starts on 27th Feb This is an 8 week course 10.00 – 12.00 at Bishops Green Village Hall. Three potential new trustees will be meeting existing trustees on Monday. Maggie Bates has taken on the role of Acting Chair until AGM in May. Grants applied for from Greenham Common Trust large/small grants and Local Network Fund. Supporting 22 families and 7 on waiting list. 20 volunteers and 5 on the new course are working with families. If you would like to know more about volunteering please contact Philippa King 01635 268666

#### EXTENDED SCHOOL'S SERVICE WORKSHOP

Workshop 2 took place for North Basingstoke to discuss extended schools, a similar workshop for the South area was postponed. Cranbourne, Aldworth, Fort Hill and John Hunt Schools have taken

the lead and are proactive in planning for the future. Details of core offers are available from Brigid. Next Meeting is planned for 23 March at The Anvil.

### CHILDREN'S CENTRES

A number of meetings have taken place in Popley and I have worked alongside the forming steering group, whereby interest has been gathered from local families and people working with the local families. It has been decided to set up a parent's forum and have representation on the steering group. Next steering group meeting has been arranged for 23 January 07.

### ACTIVE LIFE CENTRE

I have sent details of risk assessment for Active Life Centre to complete and assisted with getting consultation form approved to forward to parents. Plan to get consultation out to parents and

### FRIDAY CLUB - FILM PROJECT

Meeting with Linda Budkavich to assist in setting up a Man Group for funding application to enable young parents to visit local comprehensive schools to show film 'Dispelling the Vicky Pollard Myth' and talk to students regarding teenage pregnancy. We have tried to set up meetings but Linda has been called away to family conferences. We are now due to meet on 19 February 2007.

### CONSULTATION

Information was gathered on all statutory and voluntary groups supporting Children with individual needs. This list will be used to invite parents to a local consultation, information and pamper day being arranged for 28 April 2007

### NEWSLETTERS

Newsletters have been sent out through schools, health centres, libraries, pre-schools parent and toddler groups and email. Please let me have articles or notice of events for Spring newsletter by 16 February 2007 printed newsletters will be delivered to me week commencing 19 March 2007.

### HCCF WEBSITE

[www.hcff.org.uk](http://www.hcff.org.uk) Please send details of your events or organisations so that these can be put on the website.

### CAMHS LOCAL IMPLEMENTATION GROUP

E briefing No 7 is attached at the end of this report. If you would like to be on the email list for this please let me know. A participation group has been set up and we are in the early stages of putting together a programme for consulting with young people.

### INFORMATION SHARING

Early Learning Centre has a book Amnesty whereby you take 10 books your child has finished with and in return you are given a 20% voucher to use in store. The books are to be distributed to other local children. This offer finishes on 28 January.

A 51 page document Help with Funding for not for Profit Organisations has been written by Havant Borough Council David Harris can be contacted on [davidharris@hants.gov.uk](mailto:davidharris@hants.gov.uk) 023 9244 6460 I have sent this out to all my contacts but if I have missed anyone please let me know and I can send you the information by email.

There is an opportunity for people to become 'a deliverer' of Triple P programme and if you would more information please contact me or

[sheila.reed@hants.gov.uk](mailto:sheila.reed@hants.gov.uk)

Local Network Fund Money (up to £7000) must plan to be spent by March 2008

LNF panel do not currently plan to accept applications after January 2008, however, this may drift depending on funds available. The spend deadline of March 2008 will not drift however.



NORTH HAMPSHIRE CAMHS LIG  
E- BRIEFING

October 2006 - issue 7

from: [farnborough@hcff.org.uk](mailto:farnborough@hcff.org.uk) web:  
[www.hcff.org.uk](http://www.hcff.org.uk)

Hampshire's  
**Children's**  
TRUST

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**Dear Members,**

Please find below the latest updates from the October Meeting of the Child & Adolescent Mental Health Services (CAMHS) Local Implementation Group (LIG).

[October Meeting – Updates](#)  
[Aim of ebriefing / Next Meeting Date](#)

[3<sup>rd</sup> October 2006 - North Hampshire LIG](#)

<u>Present:</u>	Tom Key (Chair)	Service Improvement Manager, Children & Families
	Bert G Hellsten	Team Manager, Family Support, Basingstoke
	Caroline Keith	Hampshire Children & Families Forum
	Dan Taylor	Education Psychology Service
	Beth Linklater	Director of Student Support, Queen Mary's College
	Clare Bright	Head of CAMHS Service (part)
	Sharon Nash	Participation Manager
	Dave Ashton	Youth Services, East Hants, Hampshire County Council
	Julie Alden	Educational Welfare

[Learning Disability Service Development](#)

This specialist service for people with learning disabilities who, also, have mental health problems has now recruited a Psychiatrist and Psychologist and is in the middle of recruiting a Nurse and Admin staff. The Team will be providing a service from Church Grange once they are fully recruited. It is envisaged that the Schools and Colleges' Learning Support Departments will have direct access to the service and referral pathways will be developed in due course.

[CRISS \(CAMHS Rapid & Intensive Support System\)](#)

It has been agreed that the CRISS Team will be managed from the Blackwater Valley and Hart CAMHS Team. The Manager's post has now gone to advert and it is hoped that the appointment will be made by mid November. The service will, eventually, be rolled out across the whole of Hampshire.

[16 & 17 Year Olds](#)

It has been reported that 7 transition Social Workers, which are hosted in Adult Learning Disability Services, will support transition for young people with mental health difficulties. Referral routes for 16 & 17 year olds needs to be finalised, but It is envisaged that Connexions will work with Tier 1 referrals and the transition Social Workers will work with Tier 2 and above. It is hoped that the service will not be clinic based, but brought more out into the community. Hampshire Partnership Trust has bid to extend its provision for high functioning ASD children in Adult Services aged 16-18. Dr Alison Mantell, the Consultant Psychiatrist for CAMHS, and the local CAMHS service will also be establishing a 16-18 service for young people.

### Self Harm

The Self Harm Nurse (Chris Payne) currently works out of Frimley Park Hospital. The post was based there and not at the North Hampshire Hospital because, the North Hampshire Hospital already has some workable protocols with CAMHS. The Self Harm Nurse post, that will cover Surrey, is currently being advertised. Once appointed, this will free up Chris to work more with North Hampshire users and provide closer liaison with North Hampshire Hospital.

### Family Support

Children's Services has agreed with the schools to set up 3 Family Support Workers in each district area. These workers could provide frontline support for Home School Link Workers as the next tier for them. The posts would be based within Locality Teams for Children and Families and would be likely to cover primary and secondary schools.

### North Hampshire LIG Information Forms

The forms have now been circulated to all members of the LIG. Once completed and returned, it is hoped that a comprehensive Directory can be compiled capturing the range of services and support networks available in the local area for children and young people. If anyone would like to complete an information form giving details of their service, please could they either contact Tom or myself and we will email one to you.

### Children's Trust Newsletter - VISION

*DON'T FORGET*, If you would like to receive a copy of this Newsletter, aimed at keeping people informed of any new developments and services from the Children's Trust (Hampshire), telephone [Karen Clark on 01962 845894](tel:01962 845894) or email her at [Karen.m.clark@hants.gov.uk](mailto:Karen.m.clark@hants.gov.uk).

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The aim of this briefing is to keep you up to date with what is happening in your local LIG and to give you an opportunity to feed information back to it that maybe relevant. If you have any items you wish to be raised, or you would like to attend the monthly meetings, please contact [Caroline Keith](mailto:Caroline.Keith@hants.gov.uk) at [farnborough@hants.gov.uk](mailto:farnborough@hants.gov.uk).

*Next Meeting: - Tuesday 7<sup>th</sup> November 2006, 2.00pm at Harness House, Basingstoke*

*Future Agenda Items to include:-*

*Clare Bright discussing service developments and referral pathways*

*Helen Dove to feedback on the early intervention and psychosis work*

*Milai Livingstone on black and minority ethnic groups and participation work*

**EVERYONE WELCOME**

## **5. Research.**

Brigid advised the attendees that the research for this quarter is on Parent and Toddler Groups and this information will be added to the website.

Brigid also advised that it is the intention for HCFF to have an on-line and paper directory for Basingstoke and attendees were asked to decide if the ring fenced money for Basingstoke of £265.43 could be used for this purpose, all attendees were in agreement that this should go ahead.

## **6. Vulnerable Children Information, Consultation and Pamper Day**

This quarter Brigid explained that we are preparing for a consultation that will be held on 28 April 2007. We are working with Janet Hoff, Chair of the Vulnerable Children Sub-group, consulting with parents/carers of children 5-13 years with special needs. The consultation will

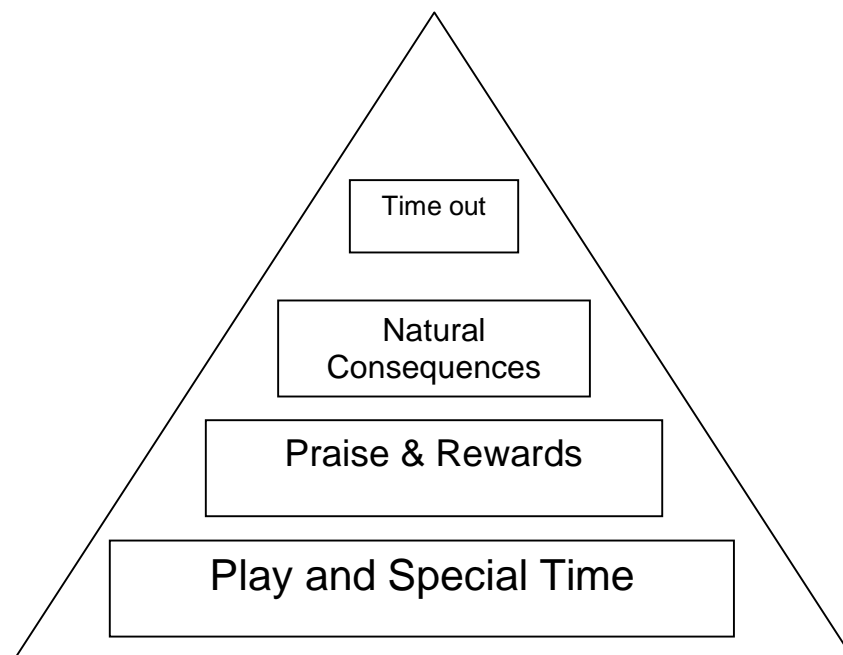
take the form of a pamper day where parents will have the opportunity to give their views. Basingstoke's event will be one of five being arranged across Hampshire and we intend to ask local providers to set up displays for parents to pick up information and talk to professionals.

## **7. Speaker – Sarah Verney Incredible Years Project**

Brigid introduced Sarah Verney to the meeting and she started by telling us that 90% of children in a home with domestic violence can hear this taking place and this causes trauma, experience of different behaviour and a fear for their own safety. The Incredible Years Project is a 12 week parenting programme with universal standards. It covers such issues as building positive relationships, reduces violent incidences, includes both parents, setting limits, dealing with conflict and building self-esteem. Additional support can include home visits, specific telephone support and support to attend.

The Programme builds positive input with introducing play/special time to build relationships, modelling how to give specific praise and rewards systems. It shows parents how to give attention to the behaviour you want in role play and helps parents to set boundaries by ignoring poor behaviour, limit setting and problem solving. It shows parents how to use non-violent ways of getting good behaviour using natural consequences and time out for misbehaviour.

She explained this very graphically with this simple diagram:



Sarah then shared some of the feedback she had received from parents:

'I have always loved my children – now I like them'

'My boys no longer hit me or tell me what to do'

This project has been funded for a further year to work with families in Basingstoke. Attendees found the talk most interesting and agreed that they would be referrers to future courses and Brigid is to send Sarah email addresses so that referrer packs can be forwarded.

## **8. Newsletter**

Brigid invited everyone to submit articles for the newsletter and advised that the Deadline would now be 26 February 2007. Newsletters will be received back from the printers for distribution week commencing 19 March 2007.

## **9. Website**

Brigid advised attendees of the HCFF website and asked for items for this. Brigid explained about the opportunity for information sharing to a wider audience and pointed out that the branch website has a calendar and bulletin page especially for groups working with families.

## **10. Local Issues/Information Exchange**

### **Tracey Holloway – Family worker**

Tracey advised that she would be leaving her post as Family Worker attached to Fort Hill at the end of this month and had taken up a new position at Aldworth Science College as part of the extended schools programme. Eve Baker had also been appointed to Fort Hill School under the extended schools programme. She also advised that there is a drop in at Winklebury School with the SENCO and she would be helping to deliver Confident parents/Confident kids at John Hunt School.

### **Tramayne Gibson – Portage**

Tramayne advised that Portage would be advertising for a Keyworker/Co-ordinator for parents. The role is to cover Basingstoke and is for 12 hours on a temporary basis.

### **Maureen Coulson – The Star Pre-school**

Maureen advised that The Star Pre-school would be opening a new group at The Ridgeway Centre with 16 places.

### **Cheryl Bosworth – HATS Co-ordinator Basingstoke**

Cheryl advised that 9 HAT Co-ordinators had been appointed across Hampshire and are there to see how council services are delivered in each area and that the Council is meeting local needs. HATs (Hampshire Action Teams) are the County Councillors of a given area meeting together on a regular basis to ensure that the County is listening to and taking account of local needs and issues in its local services and working with their partners to make improvements wherever they are needed and possible.

The HAT is responsible for ensuring consultation about any prospective service changes in the HAT area are well consulted upon and planned. Recommending priorities to Executive Members about local priorities and undertaking various activities to engage with the local community and ensure it is working on local priorities.

### **Lucy Ellis – Marnel EYC Co-ordinator**

Lucy advised that the Observer local newspaper were offering community groups 400 word articles about their group for £32.00.

Lucy also advised that the children's centre in Popley would be a full core offer with outreach facilities across Popley. They were in the process of setting up the steering group and parents forum. Significant interest by parents on the forum has been welcomed and they have expressed many ideas of how the centre should look. If you would like to be involved in this process and live or work with families in the Popley area Lucy would love to hear from you. She can be contacted on (01256) 357028 or [lucy.ellis@marnel-eyc.hants.gov.uk](mailto:lucy.ellis@marnel-eyc.hants.gov.uk) It is the governments target that all Children's Centres in this area are due to be operating by April 2008.

### **Nicky Blunden – Pre-school Learning Alliance**

Nicky reported that the PLA had completed it's consultation on the Foundation Stage and this could soon be viewed on the website <http://www.pre-school.org.uk>

### **Suzanne Shields – Childminding Network North Hampshire**

Suzanne reported 32 Network Co-ordinators operating in this area. They were also mentoring new childminders to raise awareness and quality together with offering support. She also reported activity in Tadley area and had set up a display at Sainsbury's in Tadley to raise parents awareness of Network Childminders role.

## **11. Any other business**

Evelyn Askew for Relate reported the following news from Relate:

- now also providing counselling in Tadley on Tuesday
- specific funding available to provide subsidised services to lone parents and cases where domestic abuse is an issue.
- immediate assessment appointments available

## **12. Date and Time of next meeting**

The next meeting of Hampshire Children and Families forum will take place on Friday 18 May 2007 at 12.30, venue to be advised. Please telephone Brigid Bell on 01256 421819 or email [Basingstoke@hcff.org.uk](mailto:Basingstoke@hcff.org.uk) should you wish to make your apologies or have any items put on the Agenda for discussion.