

## **Friends, family and partner**

### ***Eastleigh & Srrn Parishes***

- Family/friends very supportive; (3)
- Family and friends are the main source of support (2)
- Lack of support from partner, especially at night times when partner not supportive
- Family very supportive and some friends there for me – feel a bit lonely and cut off from some friends

### ***Fareham***

- Family/friends very supportive (3)

### ***Gosport***

- By family (living at home with mum)
- Good relationship with family who continue to support
- Family (5)
- Friends (2)
- Partner (2)
- Mainly by friends. Parents not happy to start with, but now happier and more supportive
- Feels slightly alone as none of his friends are fathers

### ***Havant***

- Parents not supporting at home, but baby's father and his family are
- Family (4)
- Partner has supported me
- Mother has helped which has surprised me as I hadn't seen her for 4 years. But now she's going to be there for me.

### ***NW Forest***

- Mother, who is also single, is very supportive

### ***SW Forest***

- My Mum- I don't know what I would have done without her
- I couldn't have continued my A-levels at Brockenhurst College without the help of my parents
- By family & friends (7) and by my husband (1)

### ***Winchester***

- Family & friends
- Only by mum and family. No support elsewhere
- Felt that she would 'fall down' without the support of her mum and sister who give her lifts and babysits – without their support did not think she could carry on with her training.
- Living with mum and brothers and going to stay there as mum wants to offer whatever support she can – brothers also very caring and supportive

### ***Petersfield and Liss***

- Family (1) and friends (3)

### ***Bordon & Liphook***

- Mainly by family and local groups
- Mainly by family and close friends and local groups
- Friends, boyfriend, parents

### ***Hart***

- Had support from friends and family

## HEALTH

### ***Eastleigh and Srn Parishes***

- **Midwife and health visitor** visits should go on longer – 2 weeks wasn't enough
- **Health visitor** coming around after the birth very helpful
- Someone to talk to: baby very poorly at birth--**hospital counsellor** (couldn't remember the agency name) was very good, talked them through all the problems, very reassuring
- Concerned about long wait at **Winchester Hospital** when baby had bad reaction to SMA milk: they were the last people seen at the clinic and felt they should have been a priority with a sick baby.

### ***Fareham***

- Supportive health visitor(2), health visitor nice (1) current health visitor excellent
- Midwife very nice and supportive (2)
- Didn't get 6 month check after caesarean, Not contacted about babies jabs, difficult to get doctors appointment for baby,
- Moved at end of pregnancy, couldn't get signed on at doctors surgery until this week - baby is now 7 weeks old and first jabs will be late (no support or help). Wrote to Winchester as told to but no reply
- Moved part way through pregnancy, kicked out of doctors, no other doctors would sign her on, told to write to Winchester, no reply, Midwife stepped in and got her a place - was three months without a midwife. Change in midwife meant notes were not passed on and information was missed. She was not told about birthing options - not offered ante-natal classes.
- Lost faith in the health service. Has had several different health visitors - not all positive - doesn't want to be talked down to like a ten year old. The midwife who first came to her house told her off and advised her to have an abortion. At Blackbrook birth centre had long waits and then found staff did not know how to use CTG machine. She felt she was not listened to regarding birth choices - she wanted a caesarean and ended having an emergency caesarean. She had 4 midwives. She moved in her pregnancy - moving from Southampton to Portsmouth area - notes were not passed on and because they were different areas, they were not standard and couldn't be read which caused confusion. She went to hospital to have her baby with no medical notes. When searching for benefits the information was confusing. Just wanted a list of where to go, but confusion over which organisation she should go to as she is 17/nearly 18 and seemed to come between services.

### ***Gosport***

- Found Antenatal care provided by Teenage Antenatal classes at SureStart Rowner, Midwives, particularly SureStart Teenage Pregnancy midwife, and St Mary's Hospital all good experiences
- St Mary's Hospital good
- Didn't like having different midwives during her pregnancy and was unimpressed by the midwife during her birth. Felt she was treated like a

minor and was not listened to e.g. when asked for pain relief told that she could hang on for a bit longer.

- Health visitor was good on advice with reference to benefits, and was in some ways supportive, but parent also felt that she was being constantly criticized by the Health Visitor - anything that she did was not good enough.
- The Teenage Antenatal classes and the midwife provided a positive experience, but has also felt that she was "a nuisance mum" and felt nagged by the Midwives and Health Visitors. Would have liked to have had the same midwife throughout her antenatal care so that she could build up a relationship. Also informed that she does not receive support from a Health Visitor but from a NHS nurse who visits regularly. Would like to know the reason for this but has not asked.

### ***Havant***

- St Mary's hospital was good (4)
- It was good to have my baby in Chichester hospital(1)
- Hardly seen Health Visitor- used to come once every three months now haven't seen her for over a year. Wasn't able to get dentist whilst pregnant or for year after child's birth. Had problems recently with a tooth and had to go to Emergency dentist in Purbrook Way, but can't register anywhere as NHS, nor can I get a place for my daughter.
- **Hospital** - Had my 1st at 17 and then one at 21 - but was told after my second I should go the , I think it was the Grange, to learn how to change, wash etc baby. They think cause I'm young I didn't know even though I have already had a baby. I refused. Didn't like being told what to do.
- **Doctor** - just because I'm a young mum they think I don't know anything.

### ***Hythe & Totton***

- Health visitors (2), health clinic and centre

### ***NW Forest***

- Health visitors are good here, but cannot get on to the NHS dentist here.
- Midwife and nursery support assistant are brilliant, gone out of their way to help

### ***SW Forest***

- I like the fact that I can talk to the health visitor at Sway Family Drop –in without an appointment
- The nursery nurse (working with the health visitor) knows when to offer help without me needing to ask.
- Not supported by health service
- The doctor immediately assumed it was an accident
- Told me I should think hard about keeping my baby because I wouldn't be able to cope
- Doctors talk at me ...assume I am unable to understand
- Doctors are very different if I have my mum with me
- Doctors always make me feel I am wasting their time
- Doctors always start by asking if you're still with the father

- Doctors always ask if I do drugs regularly – every time I go, thought I always say no and sometimes when it's an appointment for my child not me.
- I always leave the doctors thinking either I have been over the top or negligent
- I am always treated differently at the doctors (better) if my mum or boyfriend is there
- I felt bullied into giving my child MMR. The doctor said he knew best and didn't spend enough time explaining
- I want to have the information to help me make my own decisions. It's difficult because the doctor explains better if I'm with my mum and then mum makes the decision for me!
- Chemist is patronising – thinks I'm not able to decide what's best for my child
- When I want emergency contraception I went to the correct chemist but as the pharmacist wasn't available I had to pay and it was £25
- I had my child when I was 15, I don't know whether it was because the health visitor know I was at home with mum, but she never contacted me except for checks. Now 5 years later that seems a really shocking thing to do.

### ***Andover***

- Haven't seen own Health Visitor for a long time
- Have midwife and health visitor to speak to for support
- Will speak to Health visitor at the Junction but not own health visitor
- Happy to speak to health visitor at the Junction or own health visitor
- Have support form Health visitor at own surgery

### ***Winchester***

- Health Visitor Team at Tums and Tots are wonderful
- Supported by midwife but, with only 7 weeks to go to the birth, has not visited the hospital or done any exercise or birthing lessons
- There has been a lack of support during the pregnancy from the hospital, but the parent felt okay about this.
- Occasionally did not feel too happy at the hospital depending on the staff
- Support good for Dad's at Royal Hants County Hospital

### ***Petersfield and Liss***

- Contact with Health Visitor was a good experience

### ***Hart***

- Health visitor was supportive, and a psychologist were supportive re post natal depression
- No Health Visitor support

## ***HOUSING***

### ***Eastleigh & Southern Parishes***

- Eastleigh Council have found them a 2 bed house, sorted out a problem with the landlord. They had to be moved from a hostel which was unsuitable. The whole process took about 6 months.
- Presently living in a house with 8 people, sleeping on a sofa. Had been told by Eastleigh Borough Council that they couldn't go on Southampton Housing list as not resident in Southampton; since then have found they can and have submitted an application to Southampton through the office in Woolston. Friends in Southampton have flats already
- Housing benefits: took six months to sort out, was getting eviction letters, this while pregnant.
- Housing a problem
- Housing: lives in 1 bed flat, will need 2 beds when baby moves out of cot; has put application in to Eastleigh Housing Service, no answer in 2 weeks, feels frustrated and not kept informed.
- Eastleigh Housing: couple would like to have a bath put in (flat has walk-in shower only) and have been trying for around 6 months to get one put in. They are living in an upstairs flat and can't apply for a ground floor flat until baby 1 year old. Feel frustrated by lack of response from Eastleigh Housing. Baby too big for baby bath; have to lug pram up and down stairs, etc
- Housing: living with boyfriend at her parents' house. Boyfriend considered to have made himself homeless by moving out at end of private lease, didn't realise he could have stayed on for another two months, even when unable to pay rent. Now must wait three years before being eligible to go on housing list. This situation pertains to baby's mother as they want to get a flat together.

### ***Fareham***

- Had to be very forceful to get accommodated, now tenancy agreement has run out - may have to move but not sure.

### ***Gosport***

- Supported by family – living at home with mum

### ***Havant***

- Have just been told we have two accounts, we have been paying one, now they are saying we haven't paid on the other and are threatening us with eviction. On Monday we went to try and sort it out but they have already filed for eviction. Don't know what I'm going to do I have two kids.
- Firstbase has helped to find me housing

### ***Hythe & Totton***

- Difficult to get in touch with someone in housing
- Housing difficult to get hold of
- They wouldn't house me even though I was seven months pregnant
- Bad experiences of housing

### ***SW Forest***

- Housing fob you off and assume you won't chase them.

### ***Winchester***

- Got a council house quite quickly, thought to be due to the fact that she had more points than many others
- Before having her baby she was living in temporary accommodation but has since been re-housed by the council. The accommodation is reasonable and appropriate but the location is poor and she feels that she is surrounded by drug addicts and paedophiles.
- Accommodation - currently living in council house with two bedrooms and five adults. Has been offered a 2 bed property for her and her partner but when they went to have a look it was, in their view, in a very poor area where there was evidence of drug addicts and they felt that this was unacceptable.
- She had been living in a council bedsit up to 5-6 months into her pregnancy and then moved to a 2 bedroom property with the Swaythling Housing Group. She felt that this was too expensive and would like to have been on the ground or first floor instead of on the top floor. As she mostly was on her own (partner away for 3 or 4 months at a time) she had to cope with the stairs, toddler and shopping etc. on her own for most of the time.
- Currently living with mum. Has applied for a council house but has had no reply as yet. Found form to complete very difficult.
- It was a bad experience staying in the Sussex Street Hostel before having baby.

### ***Aldershot***

- Life Housing (2) – everyone is so friendly and helpful

### ***Farnborough***

- Life Housing (3) helped me a lot; Pay for our transport to attend a local group otherwise I would be unable to attend.

## ***FINANCE***

### ***Eastleigh/ Srn Parishes***

- Worried about child care costs when she starts work as partner's earnings put them above benefit level (?)
- Money worries: under sixteen so not able to claim benefits in own right, has to get 'pocket money' from her own mother who claims benefits.
- Money: works 18hours/week and partner works so can't claim free milk tokens, finds cost of baby milk too much, would like more help with that.

### ***Fareham***

- Is in the benefits trap – too young for the new deal, couldn't keep up with work at college as late starting.
- When searching for benefits the information was confusing. Just wanted a list of where to go, but confusion over which organisation she should go to as she is 17/nearly 18 and seemed to come between services.

### ***Gosport***

- Disappointed and frustrated by the benefits. When the baby was first born they lived with her parents and she feels that the money she claimed as a single parent was reasonable. She has now moved in with her partner and finds that she is worse off and thinks that young couples are not being given any encouragement to stay together.

#### ***Havant***

- When phoning for services often put on hold and this can be expensive, sometime I don't have enough credit on my phone or to use public call box.
- Had to leave college in January as couldn't be on housing benefit and in full time education.

#### ***NW Forest***

- The need to fill in fathers full details on forms and that it said this might result in Not getting a full benefits – caused stress and worry. The bounty pack contained info on what could be claimed but not when or where from so spent ages chasing around for forms and grants. Felt that anyone with less ability would have really struggled to fill them in i.e. the Inland Revenue forms came in post so no help apart from their leaflet on how to fill in and had no one she could then go to and ask for help as this isn't midwives role etc, plus those in the bounty pack also had the same issue re tax credits and sure start maternity grant

#### ***SW Forest***

- Inland Revenue – once they've asked your date of birth they are really unhelpful. I have to get my mum to ring to find anything out.

#### ***Bordon and Liphook***

- Bad experience with Child Trust Fund
- Tax Credits – too confusing and no one seems to want to help when they realise I am a young parent and always trying to fob me off.
- Council tax – general household money problems. Worry about not being able to pay a bill and who to go to if this were to happen.

#### ***Hart***

- Wanted to attend tumble tots but organiser would not let her pay weekly although she was on benefits and could not afford the whole term in one go.

#### ***Winchester***

- Did not feel supported by benefit office

#### ***Farnborough***

- I do not always find it easy to find out about things that I am entitled to

## ***EDUCATION / TRAINING / EMPLOYMENT***

#### ***Eastleigh/Srn Parishes***

- Connexions especially helpful in calling to check on progress
- Wants to do childcare course at Southampton City College but crèche now costs £15/per day so is looking at Itchen College

### ***Fareham***

- Couldn't keep up with work at college as late starting. Fareport training awful – treated like a child, difficult to cope with stairs etc when suffering from morning sickness
- Had to turn down a place at University as no childcare available, but will return to this when older. Until then doing a hairdressing course at Fareham College, with childcare paid for, although this is not the career hopes to pursue

### ***Gosport***

- Bullied at school after people found out about the pregnancy. Very distressing and not sure she can return to school. May complete exams and further education at college instead of returning to school.
- Felt supported by the Job Centre
- Young Mums 2 Be (Fareport Training Organisation). Very supportive and attained an NVQ1. Young mum had already been attending Fareport and was completing her e2e when she found she was pregnant. Fareport were very supportive and arranged for her to change courses. She will be able to return there in due course to re-commence her e2e if she wants but is unsure at present.
- College and his tutor have been great.

### ***Havant***

- Job Centre have been helpful
- Supported by school but I don't like it
- Don't feel supported by education.
- Its messed up her career. Will have to do an Access course now as dropped out of College to keep a roof over her head. Wants to be a Nurse. When I go back to college I will also have to do the course in the evening (4 hours at college, 15 home study). Working 2 x 12 hour shifts has been hard. Had to leave college in January as couldn't be on housing benefit and in full time education.

### ***Hythe & Totton***

- Found courses from Totton College good
- Found connexions good
- Courses through Totton College, Connexions, and the Handy Trust all good

### ***NW Forest***

- The job centre staff are terrible. Went to the local JC to register as wanted to do courses/training/change over benefits etc. No help firstly giving a direct telephone helpline in the office which she rang and then was told needed to go to Salisbury! – only when someone else intervened was that changed and she was told yes come to local office – waited another week for the appointment and then felt a waste of time – didn't phone anyone or arrange any interviews just told she could contact Salisbury College. Also

on return home realised that there was fares to interviews offered but this wasn't offered to her and when she phone about this the next day was told it was too late she needed to tell them before she came in!! impossible as didn't have the info then??

- Own peers at college made her feel negative regarding the pregnancy

### ***SW Forest***

- Brockenhurst College were really supportive with childcare whilst I continued my A-levels but I couldn't have done it without the help of my parents

### ***Bordon & Liphook***

- Good experience with Job Centre

### ***Winchester***

- Had a one year old child and was now looking for employment to help out with her partners income. She had been along to the Job Centre and had found them to be very helpful and was aware that she might be able to get financial assistance with childcare costs.
- Job Centre not helpful or informative. Although happy with Connexions at first (went in and typed up CV and used computer which was very helpful) she has since received too much contact from them in the form of follow-up correspondence. Did not think this appropriate as baby too young to make any decisions and so just threw away correspondence.
- Job Centre not good. Difficult to get advice and poor information given.
- Going to Eastleigh College (where there are apparently lots of young students with children) one evening a week to carrying on with a beauty course which she was doing before she became pregnant. Course and Eastleigh Tech are brilliant. Crèche at Eastleigh also very good.

## ***SUPPORT WORKERS AND SERVICES***

### ***Eastleigh & Srn Parishes***

- Support worker upset the mum once but baby's father says she was also very helpful with financial advice. Mother complained to council but nothing came of it.

### ***Gosport***

- Felt supported by Teenage Pregnancy Advisor (3)
- Play and Learn workers who have given her and her new baby lots of support. They have increased her confidence in her own ability and now feels that she is ready to go out and meet people with her baby.
- Play and Learn workers from Surestart, Rowner have provided a good experience and Teenage Pregnancy Advisor has been supportive

### ***Havant***

- Living at Krystal House has been a good experience
- Krystal House and now Brent house have been supportive

- Off the Record – used in the past and may want to use them in the future. Krystal House also opens up the opportunities I need. Supported via staff at Brent House
- Supported by Teenage Pregnancy advisor (3)
- Krystal House helped me for 10 months, was supposed to go to Brent House but didn't want to so found my own flat with the help of Krystal House
- Social services - they really need to improve! My kid had a problem with her dad and SS didn't deal with her properly, they said I was putting ideas into my child's head. The mum felt it was because she was young that she didn't get dealt with properly

## **GENERAL SUPPORT FOR PARENTS**

### **Gosport**

- Surestart Rowner have been brilliant

### **Havant**

- Surestart have been a very good service (2)
- Surestart, especially behavioural support – helped with my daughters behaviour, sleep etc. She is now a different child.
- Surestart – once a month for behavioural problems

### **Hythe & Totton**

- Children's Centre (2)
- Children's Centre and play sessions

### **NW Forest**

- No support for the father to be – all literature says you and your baby/pregnancy and doesn't really aim itself at the teen dad to be.
- Parent craft classes were useful, but didn't enjoy them due to the mix of ages and older people there and their own 'comfortable' circumstances.

### **SW Forest**

- Enjoyed parenting course run by Brockenhurst college (Confident Parents, Confident Kids) (4)

### **Bordon & Liphook**

- Supported by Children's Centre

### **Hart**

- No support
- There is a huge lack of information given.
- Support provided by Jeannette McCormack

### **Winchester**

- Dad does not feel supported
- Zest Group (at Lanterns - building confidence and self esteem over 10 weeks - free crèche and free course! Referred for this by her health visitor. Really excited about it and felt that it was really helping her.

## **GROUPS FOR YOUNG PARENTS**

### ***Gosport***

- Enjoys teenage parents group at Brune Park which meets weekly
- Feel supported by Teenage Parents Project, HCC (3)
- Hope that a planned Teenage Mums Parent & Toddler group at Surestart will begin soon

### ***Havant***

- Leigh Park Young Mums group have provided a good experience (4)

### ***Hythe & Totton***

- Young mum's group

### ***SW Forest***

- Went to young parents event in New Milton last year ...it was the first time I had been anywhere with a crèche. I had my child taken from me (had never left child before) and was patronised for the whole of the time I was there. I will never go to an event for young parents again (2)
- Supported by New Milton young parents group

### ***Winchester***

- Being here at Tums and Tots (Winchester based specialized health visiting team for post and antenatal young mums, their partners, family and friends. Comprising health visitor, midwife, nursery nurse working out of Friarsgate Health Centre. Meet once a weekly at the local Baptist Church in the centre of Winchester. Has now been running for approximately 4 years although only for the last year in the centre (used to be at Stanmore, but this venue is much better for more mums). Most GPs in Winchester use this service, although not so many on the outskirts. Works very well and would be greatly missed. Lots of dads and grandmas also present on the date I visited which I was impressed with.
- Felt supported at Tums and Tots, very easy to talk to the people.

### ***Aldershot***

- It is good to get together with other mums the same age

## **GROUPS FOR PARENTS (mainstream)**

### ***Fareham***

- Bumps and babes at Oak Meadow

### ***Gosport***

- Salvation Army Parent & Toddler Group where feel very comfortable

### ***Havant***

- Bump 2 Baby have been good (2)

### **SW Forest**

- Sway Drop-in -doesn't seem as judgemental as other groups
- Sway Drop-in - I like the fact that there are lots of grannies here too and it isn't just mums in their 30s
- Sway Drop-in- It's good to find other mums the same age
- Feel supported by people I've met at the Drop-in (3)

### **Andover**

#### **Is the Junction for all parents/young parents – what is it?**

- The Junction (5) – really friendly, come every week, a good place to come for Early Start by Andover Family Learning (2)

### **Bordon & Liphook**

- Bumps and Babes (2) Wish there were more groups like this or even Parent and Toddler groups later in the day as they all seem to be in the morning

### **Winchester**

- Had attended one of the Lanterns Children's Centre drop in sessions and had found that not many young mums were attending on that particularly day and felt that it was a bit snobby. She would have liked to have tried to go to the Leisure Centre but could not afford it and also the session times were difficult for her. Has also attended a Friends of the Family session but did not like their approach towards encouraging the mums to express themselves within the group.

### **Aldershot**

- Toddler Group in Park EYC Aldershot is a nice informal group
- Although the mums liked the Toddler Group at Cherrywood Infant School, they didn't like the fact that it cost £1.50 per week, if they went or not. This seemed to put a lot of them off. (Or is this Farnborough?)

### **Farnborough**

- Toddler group in Park EYC in Aldershot good

## **YOUTH**

### **Havant**

Havant Community Youth Council have been useful for airing my views

## **VOLUNTARY ORGANISATIONS**

### **Eastleigh & Srn Parishes**

- Volunteer from Homestart supported her through postnatal depression

### **Havant**

- Homestart have been very good (3)

### ***Hythe & Totton***

- Citizens Advice Bureau is good, Forest First, Surestart was well used, Time to talk sessions with ParentlinePlus at Children's Centre
- Forest First
- Handy Trust drop-in Hythe, have made new friends from attending
- Support from Handy Trust (2)

### ***NW Forest***

- HCFF are good, would not have anyone to directly link with if not for HCFF

### ***SW Forest***

- The new HCFF Directory, I'm finally able to get lots of information without needing to ask people

### ***Hart***

- Attending the story sacks course at Frogmore (organised by HCFF) (2) introduced her to a whole new group of people including some experienced Mums who have been able to help her.

### ***Winchester***

- Citizens Advice were reasonably helpful with regards to working tax credit
- Citizens Advice Bureau good; very helpful (4)

### ***Aldershot***

- All the mums I talked to really enjoyed the Group run by Home-Start. They liked it because the volunteers let them go to have tea and biscuits whilst they looked after their children. The Group is also free, which was important to them. Felt supported and felt that they had received information, through Home-Start about local initiatives etc that were open to them. A lot of the mums had travelled to this group from Aldershot, Camberley, Cove etc. **If specifically for young parents perhaps should be in that section.**
- The Home-Start Group is a really friendly Group with lots of mums of all different ages attending. It is good because we are allowed to go and have a cup of tea and biscuit whilst our children are looked after. There is also excellent toys for the children to play with. Best of all the Group is FREE, which is important.
- Home-start group
- This Group has helped me. I used Home-Start myself and found out about this Group from when they used to home visit
- I am new to the area and used to attend the Groups that the Farnborough EYC held. I always found them really good and thought that they people there were great.

## ***TRANSPORT***

### ***Havant***

- **Public transport** is dreadful, especially some of the people who look down their noses at you when you get on with two kids. Usually the old people!

- **Bus Drivers** - not helpful, especially when trying to get two kids on board. They don't always use the platforms. Sometimes another mum is in the area for pushchairs with just a stroller and won't move and I can't get on with my double buggy so have to wait for the next bus. This can be over 1/2 an hour.

### **Hart**

- Has transport issues which affects attending groups and therefore not meeting other people and feeling isolated.

### **Winchester**

- Would like to see low rider buses everywhere

### **Aldershot**

- A proportion of mums attending Home-start group did not have transport, so this influenced the groups that they attended.
- Difficult getting to things without transport

## **GENERAL**

### **Gosport**

- Mainly good experiences. Has enjoyed being involved and loved spending time with his son after college and at weekends
- Loves being a mother and happy with everything that has happened. Nothing particularly special.
- Is enjoying everything about being a mum
- Nothing apart from having to tell people that she was pregnant.
- Felt rather isolated after the baby was born due to moving to Rowner shortly before the birth and not knowing many people. Situation improved by Play and Learn workers.

### **SW Forest**

- People assume I am single and sponging ... I am married and my husband works (2)
- I feel I have to spend money making my child look well cared for because everyone judges you when you're young. (3)
- One old lady came up to me in the street and said 'lovely baby, such a shame – a girl of your age.'
- Too many people in a village know you're business, everyone else seems to know what's best for me.
- I'd like more support, but not because I'm a mum
- Shopping in Southampton/Bournemouth – 'I feel much more anonymous in a big town or city. No-one looks at you.'
- Police – when the father of my child turned up and was aggressive to my current boyfriend the police assumed it was a custody issue and did not want to get involved. I was frightened.

### **Bordon & Liphook**

- Peoples attitudes towards me as a young parent is a bad experience

### ***Hart***

- Had support from family and friends but was not signposted to other organisations although her partner left when son 6 weeks old and also suffered from Post Natal Depression
- Feeling that children should always be on best behaviour or people would comment about her ability as a parent. Feel any support for young parents is aimed on single parents, on benefits not other young mums
- The stigma of being a young parent. She felt older Mums and older people in general looked down on her.

### ***Farnborough***

- My ex partner was in the army and I found that there was a lot more to do within a small area when I lived in Army quarters
- Not as much support as I would like with a toddler and a new baby to look after, especially as my daughter had health problems when she was born

### ***Aldershot***

- I always think I am being judged because of my age
- It is hard when you are a young mum to cope and sometimes I don't feel that I am supported enough