

## **PLAY & SPORT ACTIVITIES FOR CHILDREN WHO NEED ADDITIONAL SUPPORT**

### **WHEELCHAIR BASKETBALL FOR ALL**

Held at Farnborough Leisure Centre, the sessions are open to all. There are limited wheelchairs available. **Fridays** is “**Have a Go**” night and **Sundays** is “**Training Night**”. The cost is £1 per session and the club is open to people of all ages and abilities. For further details contact **Adam Hall** on **07966 170192** or visit [www.rushmoormallards.org](http://www.rushmoormallards.org).

### **RUSHMOOR MALLARDS CRICKET**

Held on the **first Friday** of every month at **8.00pm** in the main hall of Farnborough Leisure Centre. For more details visit [www.rushmoormallards.org](http://www.rushmoormallards.org) or email Neil at [rushmoormallards@yahoo.co.uk](mailto:rushmoormallards@yahoo.co.uk).

### **ABILITY COUNTS – DISABILITY SOCCER**

For children with all impairments aged **8 – 16 years**, the sessions are held every **Wednesday in term time between 6.00pm & 7.00pm** at Fernhill School Sports Hall, Neville Duke Road, Farnborough. The cost is £2 per session. For further details contact **Debbie Wall** on **01252 398745**.

### **DISABILITY CHALLENGERS**

Disability Challengers is a charity which provides play and leisure for disable children and young people and their families. There are many varied courses and playschemes running at different venues across Surrey. In **Guildford**, these include a **Climbing Course on a Monday** for children aged **8 – 18 years**, a **Parent and Toddlers Group on Thursday** for parents with disabled and non-disabled toddlers and **Holiday Playschemes for children aged 4 – 12 years**. Playscheme spaces are available to children who need one-to-one playwork and who have complex impairments. In addition, Tennis sessions are held every Tuesday at Aldershot Tennis Centre. **Disability Challengers are based at Stoke Park, Guildford, Surrey, GU1 1TU**. For further details on any of the above activities **telephone 01483 230939**.

### **RIDING FOR THE DISABLED ASSOCIATION**

The contact for Hampshire is **Mrs S Davies, Frimstone, Liphook, GU30 7NZ**. Telephone **01428 722110**.

### **RAZZAMATAZZ THEATRE CENTRE**

The Classes held at **Tower Hill Primary School, Fowler Road, Cove** include a **special needs disco class** for children of all abilities. The cost is £2.00 for half an hour, £2.50 for three quarters of an hour and £3.00 for an hour. **Telephone Sam Essling on 01252 663734** for further details.

### **KIDS RUSHMOOR PLAYScheme**

The Kids Rushmoor Playscheme runs for **3 weeks during the Summer Holidays at Henry Tyndale School in Farnborough** and is open to children with special needs, along with their brothers and sisters. An additional, Saturday only, pilot scheme has just run during the Easter Holidays. For more details **telephone 01329 312312**.

### **RUSHMOOR MALLARDS FIELD ATHLETICS**

Run by **Terry Dallaway, Jon Ball and Rose Bridle**, the Field Athletics coaching sessions are held outdoors from **April to September at Farnborough Rugby Club every Wednesday between 6.30pm and 8.30pm**. The club is open to people with any disability, including those in wheelchairs. In addition to regular field athletics, there is an opportunity to learn and play Petanque / Boules at each session.

### **MENCAP**

Based at **Parkside, Guildford Road, Aldershot**, Mencap run an **After School Club every Monday between 3.30pm & 7.00pm**. The club is aimed at children aged **5 – 13 years** with severe learning difficulties. There is, also, a **Saturday Club** providing social and play opportunities for children aged **5 – 13 years** with learning and other disabilities, including Attention Deficit Disorder. A waiting list system applies to both of these clubs. A, referral only, **5 week Summer Playscheme for children aged 4 – 10 years and 11 – 18 years** includes outings, swimming and many on-site activities. For more details contact **Suzanne Watkins on 01252 313103**.

### **PARITY FOR DISABILITY**

Parity for Disability run **Fun Days** for teenagers aged **11 plus**, with multiple disabilities, at **Fleet Baptist Church, Clarence Road**. The Scheme is run **4 days a week, 9.30am – 4.00pm in the Easter and Summer Holidays**, with a 1:1 staffing ratio. Activities available include music, visits and art and crafts. Transport is available, but places can only be accessed by a social services referral. Parity also run **Music Therapy Classes**. For details please telephone **01252 375581** / email [info@parityfordisability.org.uk](mailto:info@parityfordisability.org.uk).

## **SWIMMING**

Rushmoor Mallards have full use of **Farnborough Leisure Centre** swimming pool every Sunday between 12.00 noon & 2.00pm and 1:1 private swimming lessons are also available with trained instructors at the pool. For further details telephone **Farnborough Leisure on 01252 370411.**